



Ycare  
Youth Counselling Against Radicalisation Europe

## 7. Exercise Title: The Tree Exercise

### Worksheet: Dialogue Cannot Exist Without Humility

How can I enter into a dialogue if I always imagine that others are ignorant, and never become conscious of my own ignorance? How can I enter into dialogue if I see myself as a person apart from others – if I see them only as ‘it’s not as another ‘I’? How can I enter into dialogue if I consider myself a member of an ‘in group’, the owners of truth and knowledge, the ‘pure people’?

If I am closed to, and even offended by, any contribution of others; if I fear being displaced, how can I hold a dialogue? At the point of encounter there are neither utterly ignorant people nor perfectly wise people. There are only those who attempt together to learn more than they now know.

- Adapted from Paulo Freire  
(The Pedagogy of the Oppressed)